CLAYTON CENTER for ACTIVE AGING

303 Dairy Road, Clayton, NC 27520
Phone: 919-553-4350
Hours: 8:00 – 4:30 Monday-Friday
claytonsc@cssjohnston.org
Connie Keller, Program Coordinator

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1st 11:00 Music with Ron 11:30 Lunch Bunch at Venero's 3:00 Learn Sign Language	2nd 10:00 Bingo with Maria
5th 10:00 Bingo with Maria	6th 9:00 Qigong w/ Sindry 10:00 Paint Class with Mindy	7th 10:30 – FLU SHOTS 11:00 Food Safety 3:00 The Write Stuff	8th 10:00 Craft with Mardia 2:00 Chair Yoga w/Sindry 3:00 Learn Sign Language	9th 10:00 Bingo with Clayton Women's Club
12th 10:00 Bingo- Koinonia Reformed Baptist Church	13th 9:00 Qigong w/ Sindry 10:00 Craft Class with Mindy	14th 11:00 SHIIP Presentation 3:00 The Write Stuff	15th 10:00 Painting with John 11:00 Music with Ron 1:00 Ice Cream Social with TRUBLUE 3:00 Learn Sign Language	16th 10:00 Double Prize Bingo with The Marine Corps League 11:00 October Birthday Celebration
19th 10:00 Bingo – Green Leaf Care Center	20th 9:00 Qigong w/ Sindry 10:00 Paint Class with Mindy Senior Day at the Fair	21st 2:00 Book Club w/ Mardia, Clayton Library 3:00 The Write Stuff	22nd 10:00 Painting w/ John 11:00 PINK PARTY-Breast Cancer Awareness 2:00 Chair Yoga w/Sindry 3:00 Learn Sign Language 3:30 Facebook Live with Karen	23rd 10:00 Bingo 24th 10:00 AM – 5:00 PM Harvest Festival
26th 10:00 Bingo -Clayton Audiology	27th 9:00 Qigong w/ Sindry 10:00 Craft Class with Tracy	28th 3:00 The Write Stuff 6:30 Night Bingo- Zetas	29th 10:00 Karaoke with Donna 3:00 Learn Sign Language	30th 10:00 Quarter Bingo 11:00 Costume Contest 1:00 Book Club at Horne Memorial Methodist Church

Drop-In Activities: Fitness Room, Puzzles, Games, Library

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Strength & Balance with Jackie 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	12:30 Trivia 2:00 Cornhole 3:00 Bocce	9:00 Strength & Balance with Jackie 10:00 Keep it Simple w/Jim (Low-impact exercise) 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	9:00 Keep it Simple w/Jim (Low-impact exercise) 11:00 Billiards ** 1:00 Cardio Drumming	9:00 Strength & Balance with Jackie 12:15 Trivia Battle 1:30 Cornhole 2:30 Bocce

$= Fee * Registration Required ** Rainbow Lanes

CCAA NEWS & ANNOUNCEMENTS

Join CCAA at the 2026 Clayton Harvest Festival!

Saturday, October 24th , 2026

10:00 AM – 5:00 PM

The Clayton Center for Active Aging will host our annual information & fundraising booth during the Clayton Harvest Festival. Join us in Downtown Clayton for a day full of fun, food, festivities, and fundraising! We need volunteers to help set up, work, and tear-down the booth.

Sign up to help today!

Halloween Costume Contest

Friday, October 30 @ 11:00 AM
Wear your best festive costume and join us for a morning of fun which will include a costume contest, snacks, and prizes.

Mark your calendar!

Walgreens will be at CCAA with FREE Flu/Covid Shots on Wednesday, October 7th @ 10:30-12:30

Find us on Facebook as the "Clayton Center for Active Aging"

facebook

"LIKE" and "FOLLOW" our page for the latest updates, posts, and announcements!

BREAST CANCER AWARENESS MONTH

Every time you wear PINK to the center during the month of October, enter your name for a prize at the end of the month.