

Menu – August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Stay Cool & Hydrated</i>		Smoked Sausage / Bun Apple Crisp Brussel Sprouts Cole Slaw, Mustard Pkt 2% Milk	Chicken Cacciatore Broccoli/Cheese Sauce Lentils with Spinach Wheat Bread, Apple 2% Milk & Cranberry Juice
5 Brunswick Stew Brown Rice Broccoli / Cauliflower Sourdough Bread, Fresh Fruit 2% Milk & Grape Juice	6 Chicken Parmesan Brussel Sprouts Seasoned Parslied Noodles Wheat Bread, Banana 2% Milk & Apple Juice	7 BBQ Riblet Mashed Potatoes Green Beans/Red Pepper Hamburger Bun, Apple 2% Milk & Cranberry Juice	8 Salisbury Steak Brown Gravy Scalloped Potatoes Capri Vegetables Texas Toast, Fruit 2% Milk	9 Cabbage Casserole Green Beans Mashed Potatoes Cornbread, Orange 2% Milk
12 Lasagna Casserole Peas 'n Carrots Creamed Spinach Wheat Bread, Orange 2% Milk & Grape Juice	13 BBQ Pork on Bun BBQ Beans Turnip Greens, Vinegar Watermelon 2% Milk	14 Beef Pot Pie Zucchini Brown Rice Dinner Roll, Orange 2% Milk	15 Jambalaya Zucchini Medley Red Beans & Rice Wheat Bread, Banana 2% Milk	16 Chicken Leg Green Beans Sweet Potatoes Dinner Roll, Pear 2% Milk & Orange Juice
19 Chicken / Brown Rice Spinach Cauliflower w/Red Pepper Dinner Roll, Orange 2% Milk, Apple Juice	20 Beef & Broccoli Ginger Carrot Coins Fruit Compote Sourdough Bread Fortune Cookie 2% Milk, Orange Juice	21 Spaghetti, meat sauce Apple Crisp Italian Vegetables Italian Bread, Fruit 2% Milk	22 Chicken Picata Zucchini 'n Onions Navy Beans (dried) Wheat Roll, Orange 2% Milk & Cranberry Juice	23 Hamburger w/Bun Lima Beans Spinach Mustard Packet, Orange 2% Milk
26 Patty Meatloaf, Onion Gravy O'Brien Potatoes Creamed Spinach Dinner Roll, Orange 2% Milk & Grape Juice	27 Chicken/Broccoli Casserole Okra & Tomatoes Cinnamon Apple Slices Sourdough Bread, Banana 2% Milk	28 Chicken Leg Zucchini Sweet Potatoes Wheat Roll, Fruit 2% Milk	29 Smoked Sausage / Bun Apple Crisp Brussel Sprouts Cole Slaw, Mustard Pkt 2% Milk	30 Chicken Cacciatore Broccoli/Cheese Sauce Lentils with Spinach Wheat Bread, Apple 2% Milk & Cranberry Juice