

# CLAYTON CENTER for ACTIVE AGING

303 Dairy Road, Clayton, NC 27520

Hours: 8:00 – 4:30 Monday - Thursday, 8:00 - 4:00 Friday

Connie Keller, Program Coordinator

Phone:919-553-4350 Email: claytonsc@cssjohnston.org



## SEPTEMBER 2026

| MONDAY                                                                                            | TUESDAY                                                                                   | WEDNESDAY                                                                                                                          | THURSDAY                                                                                                                          | FRIDAY                                                                                                                       |
|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                   | <b>1</b><br>10:00 Paint Class with John<br>                                               | <b>2</b><br>10:00 Keep it Simple w/Jim (Low-impact exercise)<br>11:00 Coates Hearing<br>3:00 The Write Stuff                       | <b>3</b><br>10:00 Painting with Mindy<br>11:00 Music with Ron<br>11:30 Lunch Bunch at Fiesta Mexicana<br>3:00 Learn Sign Language | <b>4</b><br>10:00 Bingo with Maria                                                                                           |
| <b>7</b><br><b>Happy Labor Day!</b><br>                                                           | <b>8</b><br>10:00 Craft Class with Mindy<br>11:00 Heartland Hospice                       | <b>9</b><br>10:00 Keep it Simple w/Jim ( Low-impact exercise)<br>11:00 Joe's Music<br>3:00 The Write Stuff                         | <b>10</b><br>10:00 Craft with Mardia<br>2:00 Qigong w/ Sindry<br>3:00 Learn Sign Language<br>3:30 Facebook Live with Mindy        | <b>11</b><br>10:00 Bingo with Clayton Women's Club<br><b>Saturday the 12th</b><br><b>7am-1pm</b><br><b>Yard Sale at HCAA</b> |
| <b>14</b><br>10:00 Bingo-<br>Koinonia Reformed Baptist Church                                     | <b>15</b><br>10:00 Paint Class with John                                                  | <b>16</b><br>10:00 Keep it Simple w/Jim ( Low-impact exercise)<br>2:00 Book Club w/ Mardia Clayton Library<br>3:00 The Write Stuff | <b>17</b><br>10:00 Painting with Mindy<br>11:00 Music with Ron<br>1:00 Ice Cream Social With TRUBLUE<br>3:00 Learn Sign Language  | <b>18</b><br>10:00 Double Prize<br>Bingo with The Marine Corps League<br>11:00 September Birthday Celebration<br>            |
| <b>21</b><br>10:00 Bingo with Maria<br>                                                           | <b>First Day of Fall 22</b><br>10:00 Encore (Music game) with Dianna NEW                  | <b>23</b><br>10:00 Keep it Simple w/Jim ( Low-impact exercise)<br>11:00 Joe's Music<br>3:00 The Write Stuff                        | <b>24</b><br>10:00 Karaoke with Donna<br>2:00 Qigong w/ Sindry<br>3:00 Learn Sign Language                                        | <b>25</b><br>10:00 Quarter Bingo<br>1:00 Book Club at Horne Memorial Methodist Church                                        |
| <b>28</b><br>10:00 Bingo with Clayton Audiology                                                   | <b>29</b><br>10:00 Craft Class with Tracy                                                 | <b>30</b><br>10:00 Keep it Simple w/Jim ( Low-impact exercise)<br>3:00 The Write Stuff<br>6:30 Night Bingo- Zetas<br>              | <b>LOCATION KEY</b><br>\$ Fee<br>* Registration Required<br>** Rainbow Lanes                                                      |                                                                                                                              |
| MONDAY                                                                                            | TUESDAY                                                                                   | WEDNESDAY                                                                                                                          | THURSDAY                                                                                                                          | FRIDAY                                                                                                                       |
| 9:00 Strength & Balance with Jackie<br>2:00 Beginner Line Dance<br>3:00 Intermediate Line Dance ) | 9:00 Chair Yoga with Sindry<br>12:00 Learn to Play Chess<br>12:30 Trivia<br>2:00 Cornhole | 9:00 Strength & Balance with Jackie<br>2:00 Beginner Line Dance<br>3:00 Intermediate Line Dance                                    | 9:00 Fitness with Jack<br>11:00 Billiards **<br>1:00 Cardio Drumming                                                              | 9:00 Strength & Balance with Jackie<br>12:15 Trivia Battle<br>1:30 Cornhole<br>2:30 Bocce                                    |

# CCAA News & Announcements

**THEY ARE BACK!!**

Evening Bingo

With The Zetas of Clayton

Wednesday, September 30th

at 6:30 PM



## Caregiver Support Group Meetings

Both Meetings on 4th Thursday of each month.

### DAYTIME GROUP

Community & Senior Services

1363 West Market Street Smithfield, NC 27577

1:30 p.m. to 3:00 PM

### EVENING GROUP

Clayton Center for Active Aging

303 Dairy Rd, Clayton, NC 27520

6:00-8:00 PM

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Clayton Center for Active Aging

COMMUNITY & SENIOR SERVICES OF JOHNSTON COUNTY PRESENTS

# YARD SALE



A FUNDRAISER SUPPORTING  
JOHNSTON COUNTY ACTIVE AGING CENTERS



CLOTHING | SHOES | ACCESSORIES  
AND MUCH MORE!

HARRISON CENTER  
FOR ACTIVE AGING

SEPT. 12<sup>TH</sup> 2026  
7 AM - 1 PM

611 W Noble St.  
Selma, NC 27576

## YARD SALE VENDOR CALL!

**\$20 vendor space rental**

September 12th 2026

7 AM -1 PM

HCAA

611 W. Noble St.

Selma, NC 27576

BE A VENDOR! SEND US AN EMAIL AT:  
[SWATTS@CSSJOHNSTON.ORG](mailto:SWATTS@CSSJOHNSTON.ORG)



📍 303 Dairy Road, Clayton, NC 27520

📞 Phone: 919-553-4350 or 919-965-6478 (Nutrition)