

CLAYTON CENTER for ACTIVE AGING

303 Dairy Road, Clayton, NC 27520

Phone: 919-553-4350

Hours: 8:00 – 4:30 Monday-Friday

claytonsc@cssjohnston.org

Connie Keller, Program Coordinator



August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1st 9:00 Bingo 11:30 Lunch Bunch- Fiesta Americana
4th 10:00 Bingo- Jennifer 3:00 Bingocize	5th 10:00 Bingocize 10:00 Painting with Alice	6th 3:00 The Write Stuff	7th 10:00 Painting with PapaJack 11:00 Music with Ron 3:00 Learn Sign Language	8th 10:00 Bingo with Clayton Women's Club
11th 10:00 Bingo- Koinonia Reformed Baptist Church 3:00 Bingocize	12th 9:00 No Chair Yoga 10:00 Bingocize 10:00 Craft Class with Mindy	13th 2:00 Book Club w/ Mardia Clayton Library 3:00 The Write Stuff	14th 10:00 Craft Class with Mardia 3:00 Learn Sign Language	15th 10:00 Double Prize Bingo with The Marine Corps League 11:00 August Birthday Celebration
18th 10:00 Bingo info- Gabriel Manor 3:00 Bingocize	19th 9:00 No Chair Yoga 10:00 Bingocize 10:00 Painting with Alice	20th 3:00 The Write Stuff	21st 10:00 Painting with PapaJack 11:00 Food Borne Info 11:00 Music with Ron 1:00 Ice Cream Social 3:00 Learn Sign Language	22nd 9:00 Bingo
25th 10:00 Bingo-Alignment Health 3:00 Bingocize	26th 10:00 Craft Class with Mardia 10:00 Bingocize	27th 3:00 The Write Stuff	28th 10:00 Karaoke with Dave 3:00 Learn Sign Language	29th 10:00 Bingo-Quarter\$ 11:00 A Day with Dr. K 1:00 Book Club at Horne Memorial Church

Drop-In Activities: Computer Station, Fitness Room, Puzzles, Games, Library

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Strength & Balance with Jackie 10:00 Bingo 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	9:00 Chair Yoga with Sindry-NEW TIME 12:00 Learn to Play Chess 12:30 Trivia 2:00 Cornhole	9:00 Cardio with Jackie 10:00 Trivia Battle 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	9:00 Fitness with Jack 11:00 Billiards ** 2:00 Cardio Drumming with Diana	9:00 Strength & Balance with Jackie 10:00 Bingo 1:00 Cornhole 2:30 Bocce -NEW

\$= Fee * Registration Required ** Rainbow Lanes ***Evidence Based ^ Some Weeks

CCAA NEWS & ANNOUNCEMENTS

**DON'T FORGET
TO HYDRATE!**



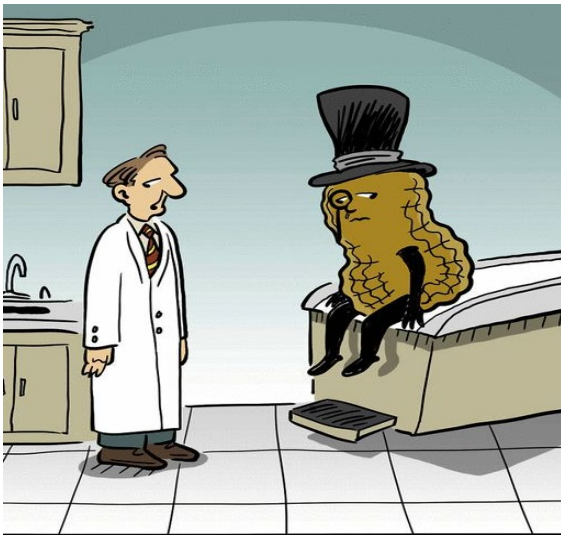
A Day with Dr. K

**Come share your ideas and thoughts
with the new Program Manager**

Ka'Leisha Evans

Friday August 29th

@ 11:00



*"Runny nose? Swelling? Shortness of breath?
Jeez, I hope you're not allergic to peanuts."*

**Find us on Facebook at
"Clayton Center for Active Aging"**

facebook

**"LIKE" and "FOLLOW" our page for the
latest updates, posts and
announcements!**

VOLUNTEERS NEEDED!!

Have some extra time on your
hands?

Feel the need to help?

Are you good at leading a group?

Have a special skill? Volunteer
TODAY!

CCAA has an immediate need for a

**Musicians &
Bingo Sponsors**