



HARRISON CENTER for ACTIVE AGING

611 W. Noble Street, Selma, NC 27576

Hours: 8:00 – 4:30 Monday - Friday

Phone: 919-965-2627 or 919-965-6478 (Dining)

Tammy Braglin, Program Coordinator tammy@cssjohnston.org



December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 10am Quarter Bingo	2 Go Group Meet Up 6pm Selma Tree Lighting 7pm Selma Christmas Parade	3	4 11am Grief Support**** Heartland Hospice	5 Saturday, 6 th Go Group Meet Up 5:30pm New Bern Flotilla (parade starts at 5:30pm)
8	9 1pm Intergenerational Chair Ball	10	11	12 12pm CLOSING
15 10am Quarter Bingo 1pm Christmas Caroling & Treats*	16 10:30am Presentation Barbour Court 1pm Facebook Live Stretch & meditate	17	18	19 1pm Christmas Party Soup, Sandwiches, treats, music, fun Christmas attire. Bring a fun \$1 gift for Dirty Santa Game *Registration is REQUIRED for this event*
22 10:30am Presentation Nutrition & Foodborne Illness Johnston County Health Dept.	23	24 CLOSED Merry Christmas	25 CLOSED Merry Christmas	26 CLOSED Merry Christmas
29 1pm CLOSING No Activities Drop Ins ONLY	30 1pm CLOSING No Activities Drop Ins ONLY	31 1pm CLOSING No Activities Drop Ins ONLY	1 CLOSED Happy New Year	2 1pm CLOSING No Activities Drop Ins ONLY

Daily Drop-In Activities: Computer Lab, Fitness Room, Puzzles, Games, Library, Craft Room

Mondays

9:00 Pickleball
9:00 Sew N' Sew Quilters \$
9:00 Cardio Drumming
10:00 Tide Dancers Team*
10:00 Bingo
2:00 Book Worm's Book Club

Tuesdays

9:00 Pickleball
9:00 Group Fitness
10:00 Line Dance
10:00 Bead Weaving
10:30 Life Coaching Group****
11:00 Sassy Feet*
1:00 Chair Ball

Wednesdays

9:00 Pickleball
9:00 Tide Dancer Team*
10:00 Ballroom Dance
10:30 American Sign Language
11:00 Tide Dancer Team*
1:00 Arts/Crafts \$

Thursdays

9:00 Pickleball
9:00 Group Fitness
10:00 Line Dance
11:00 Sassy Feet*
1:00 Telling Our Stories
1:00 Steps of Inspiration Line Dance*

Fridays

9:00 Pickleball
10:00 Tide Dancer Team*
10:30 Talk Time w/Tammy – Facebook Live
11:00 Fun with Games
11:30 Chair Ball
1:00 Steps of Inspiration Line Dance

* Registration Required
** Inside the Gym
*** HPDP Programs
**** Confidential
Discussions
\$ Fee Involved

HCAA News & Announcements

Closings

12/12 – Closing 12pm

12/24 – 12/26 Closed Merry Christmas

12/29 – 12/31 Closing 1pm

1/1/26 – Closed Happy New Year

1/2/26 – Closing 1pm

Christmas Party Fun

12/19 - @1pm

Registration IS REQUIRED! Please sign up with Tammy your RSVP and item of choice to bring & share.

Soup, sandwiches, treats, \$1 Dirty Santa Gift for Dirty Santa Game.

Presentations

12/22 @10:30am – Johnston County Health Dept.

Nutrition & Foodborne Illness

The seasons are changing, so please be mindful of colds, flu, COVID on the rise. Wash your hands, cover your cough and sneeze, and please stay home if you have the slightest sickness.

Candy Cane Fundraiser

December 8th – 23rd

Buy candy canes from HCAA to stuff stockings, church goody bags, gift stuffers, and so much more!

What does Christmas mean to you?

Leave a note on our board!

We wish you a very Merry Christmas and a Happy New Year!

Love, Tammy, Ellen, Ms. Janice

HCAA Sister Center: Smithfield Center for Active Aging

606 Caswell St. Smithfield, NC

Monday- Friday: 8:00am – 1:30pm

Program Coordinator: Nancy Lee Dunham

**919-934-8701 or
smithfieldsc@cssjohnston.org**

